**TRANSCRIPT**

**Michelle Gibbings:** Hi and welcome to Career Clinic. This is your opportunity to get questions about your career answered – all the things that you want to know about how to progress, how to move up, how to have a rewarding and sustainable career.

Now this next question that I received recently is a short one but an interesting one. The question? “How do I know when I have done enough?” And wow, where do you start with that?

For me, I personally believe you can never do enough. There’s always something more that you can do. There’s always some way that you can improve. There’s always some way you can learn something more. Now for some of you hearing me say that, you might think “Oh… that sounds exhausting. Surely there must be a time in which I can sit back, rest on my laurels and think I’m done.”

Now of course, it does depend on your career aspirations and where you want to get to because your view of enough will be different to somebody else’s view of enough. So it’s about working through “What does enough look like for me? And if I’m comfortable with that enough, then hey, that’s okay because this is my life and I get to choose what I want to do with it.” But if you’re only looking to do enough so you can scrape by, do the bare minimum but still expect to have an amazing, awesome life and career, then perhaps you need to challenge yourself.

I always love reading the story about Barak Obama, who when he had just been anointed as president in 2009, he [sic] was invited to the Arizona State University to give their commencement address and at the time, there was a bit of furor because the typical convention is that the person who’s invited to give their commencement address will get an honorary doctorate and on this particular occasion, he wasn’t. The spokesperson for the university said, “Well, you know, because his term as president is just beginning, we had made the assessment that his body of work was not yet finished.”

Now Barak Obama mentioned and referenced that in his address and he said, “I heartily concur. I come here not to dispute the suggestion that I haven’t yet achieved enough in my life.” First of all, Michelle, [his wife] concurs with that assessment and she’s got a long list of things that I have not yet done waiting for me when I get home. But more than that, I come to embrace the notion that I haven’t done enough in my life.”

And so, wow, when you think about someone who is a lawyer, a state legislator, a US senator and then ultimately president, even he knew there was more to do, that he hadn’t done enough.

So the question for you is not for me to answer when is enough. It is for you to figure out what does enough look like for you and are you okay with that and the impact that choice is going to have for you, for the ones you love and the life that you lead.

Take care.