



**Live  
well**  
at Home

**with tailored Home Care**



**Vision  
Australia**

Blindness. Low Vision. Opportunity.



# Contents

**Live well at home 3**

- Home Care 3

**Tailored care and support  
direct to you 4**

**What support could  
you access with a  
Home Care Package? 6**

- Independence in the home
- Specialised Vision services  
and skill development
- Technology
- Community engagement
- Support for you, family,  
friends and carer

**Who is eligible? 8**

**Testimonial 9**

# Live well at home

## Home Care

If you or your loved one would like to remain living at home and independent for longer, Vision Australia can assist you with services, supports and to access government funding.

Home Care Packages are government funded and subsidised long-term supports for older people who want to stay living at home. There are four levels of funding for home care services available, ranging for people with basic needs right through to high needs.

To access Home Care you need to register with My Aged Care and be assessed as eligible. Once approved, they will match your needs to a suitable Home Care Package level. You will be placed in the National queue and notified when a package become available. Vision Australia will continue to support you while you wait.

When you are assigned a package, you will receive a referral code to give to your Home Care Package provider of choice. Your home care can commence once a plan of support is designed together with you to ensure services are meeting your needs.

Vision Australia can support you throughout this process if you would like. You can choose to manage your own care or Vision Australia can look after all of the details for you. Your local team can manage all of your services and are available when you need them.

You or your loved one can continue to enjoy life in your own home, knowing that you have the support of dedicated, skilled staff and a range of vision loss specialist services supported by Vision Australia.

**"Thank you for making my life easier for me and your attention to detail".**

**- Jean**

# Tailored care and support, direct to you

Whether you are:



**Completely  
new to aged  
care services**



**Have changing  
needs and require  
more support**




**Currently have a Home  
Care Package and looking  
for a new provider**

Organising your Home Care Package can be confusing.  
We can provide you with quality services that you choose  
so you can live independently in your home.

If you are new to aged care you will need to become a  
My Aged Care participant by registering with My Aged Care.

If you're already a My Aged Care participant and your needs  
have changed, you can contact My Aged Care and ask for a  
re-assessment. Either way, we can help you through the process.



**Take the worry out of preparing for your assessment with My Aged Care. Vision Australia can support you through the process & help you prepare.**

# What support could you access with a Home Care Package?

## Independence in the home



**Medication management**



**Personal care**



**Meals**



**Home modifications**



**Light domestic assistance and household tasks**



**Home Maintenance support / Gardening services**

## Specialised Vision services and skill development



### **Orthoptists**

Vision assessments, advice and support

### **Occupational therapists**

To help you build practical strategies to organise and manage your home

### **Orientation and mobility**

Experts to support you to get around safely

### **Assistive technology**

Including technology training

## Technology



**Communication,  
lighting,  
functional vision**



**Mobility aids,  
equipment and  
Smart Home**

## Community engagement



**Transport to  
help you with  
shopping, visit  
your doctor or  
attend social  
activities**



**Participation in  
recreational or  
social activities**



**Quality living  
— develop skills to  
live independently**

## Support for you, family, friends and carer



**Nursing**



**Continence  
management**



**In home care  
respite services**



**24 hour or  
emergency  
services**



**Care coordination  
and case  
management**



**Emotional Support  
and Wellbeing**

# Vision Australia and My Aged Care

Vision Australia is an approved provider and can support you to navigate My Aged Care with ease. Check your eligibility:

Over 65 years old (or 50 years and older for people who are of Aboriginal or Torres Strait Islander heritage)

Australian citizen or hold a permanent visa or a Protected Special Category visa.

If you are under 65, you can contact us about NDIS eligibility and services.

**Please request an introductory pack from our friendly Home Care Package Team.**

**Call: 03 9794 5929**

**Email: [info@visionaustralia.org](mailto:info@visionaustralia.org).**

**Visit our website**

**[www.visionaustralia.org/services/funding/my-aged-care/home-care-services](http://www.visionaustralia.org/services/funding/my-aged-care/home-care-services)**

**"You left me in a happy frame of mind, your help in understanding what I was able to receive in my package".**

**- Betty**



# Testimonial

Mary has always been proudly self-sufficient and with the support she's received from Vision Australia, continues to stay in the house she's called home for over 40 years.

**"I'm legally blind now, and my central vision is almost completely gone. If it wasn't for the support from Vision Australia, I'm sure I couldn't stay in my home."**

When a client is first referred to Vision Australia, one of our occupational therapists will visit their home, to assess how we can best support them.

Mary's Case Worker Gail explains:

**"Mary's occupational therapist went out and made sure her home was safe. They replaced her stove with a safer toaster oven and induction cooktop, and through their skills training, Mary regained confidence to do things, like pour her own cup of tea. They also put safety rails both inside and outside the house."**

While Mary has appreciated the practical changes and training that have helped her, she's been truly touched by the sense of genuine care she has felt from our team.

**"They are so helpful and so caring. I've always been a fairly independent and resourceful person. It makes me realise how wonderful Vision Australia is. Not just in a practical but in an emotional sense, too."**

The emotional wellbeing of a person who is losing or has lost their vision is always a key priority for our specialists.

# Testimonial

It's the regular contact and sense of care from Vision Australia that helps Mary feel connected. Gail explains:

**"I know Mary appreciates that when she needs us we always answer the phone."**

For more than five years now our specialist team has been able to support Mary to stay in her family home, maintain her independence, and avoid the loneliness she was feeling when her eyesight first deteriorated.

Vision Australia hasn't just supported Mary to overcome the challenges of losing her eyesight, it's helped her stay active and social, and has brought real joy to her life.







**Our focus is to get to know you and what you want. Together we can develop your individual plan so you can stay independently in your home for longer.**

**We offer a broad range of general services that are tailored for people who are having trouble with their eyesight or are blind.**

**You will have access to our specialised vision loss services and support. Vision Australia is the leading national provider of specialised vision loss services.**



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**W: [visionaustralia.org](http://visionaustralia.org)**