# Resources and further information to accompany episode 7: Dating

In this episode, Tess and Polly explore Dating! They quiz their guests on how to get the best out of getting and going on dates if you are blind or have low vision. They also explore the difficult questions about when to disclose, how to stay safe, and how to recognize if things are going well…

You can catch up or listen again to the podcast [here.](https://varadio.podbean.com/e/nothings-off-limits-dating-with-blindness-or-low-vision-ep7/)

If you want to follow up on any of the resources mentioned in the podcast or learn more, we’ve pulled together the following to help you find out more.

## Resources mentioned in the podcast

Our guests Nemoy and Sarah created the ‘Table for One: Dating’ group which runs as part of Vision Australia’s Telelink group. You can find out more (and sign up!) here: <https://www.visionaustralia.org/community/groups/telelink/programs> Or Phone/Email the wonderful Telelink team on 1300 84 74 66/ telelinkinfo@visionaustralia.org

The following website includes a dizzying wealth of the acronyms you might come across through online dating: <https://www.cyberdefinitions.com/digital_dating_abbreviations_acronyms_slang.html>

## Other resources

### Videos/Webinars and Podcasts

ABC’s The World Today item giving Extra help for dating with a disability: [www.abc.net.au/radio/programs/worldtoday/extra-help-for-dating-with-a-disability/12300986](http://www.abc.net.au/radio/programs/worldtoday/extra-help-for-dating-with-a-disability/12300986)

Visibility’s podcast on Love, Dating and Relationships: <https://visabilityradio.podbean.com/e/ep-23-love-dating-and-relationships-for-people-who-are-vision-impaired-or-blind/>

### Apps and Websites

Vision Australia’s Five dating tips for people who are blind or have low vision: [www.visionaustralia.org/community/news/2020-02-13/five-dating-tips-people-who-are-blind-or-have-low-vision](http://www.visionaustralia.org/community/news/2020-02-13/five-dating-tips-people-who-are-blind-or-have-low-vision)

ABC article on one of our amazing guests: [www.abc.net.au/news/2020-05-29/dating-with-a-disability/12295904](http://www.abc.net.au/news/2020-05-29/dating-with-a-disability/12295904)

Ablethrive’s Tips for dating with a disability: [www.ablethrive.com/relationships/tips-dating-disability](http://www.ablethrive.com/relationships/tips-dating-disability)

Vision Aware’s ‘Dating 101’ for people with vision loss: [www.visionaware.org/everyday-living/recreation-and-leisure/dating-101-for-people-with-vision-loss/](http://www.visionaware.org/everyday-living/recreation-and-leisure/dating-101-for-people-with-vision-loss/)

To explore more of the podcasts in the Nothing’s Off Limits series please visit [www.visionaustralia.org/nolimits](http://www.visionaustralia.org/nolimits)

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