# Vision Australia school holiday program - January 2019

## Tuesday 15 January 2019 - Learning Through Play

**9:00 – 10:00** **Arrival, introduction and morning tea**

**10:00 – 11:00 – Sensory Room**

* Play games using the equipment in Vision Australia’s specialised sensory room.
* **Developmental outcomes:**

Sensory Regulation and social skills.

**11:00 – 12:00 - Cooking** (Making lunch)

**12:00 – 12:30** **Lunch**

**12:30 – 14:00 - Treasure hunt** (Orientation and Mobility)

* **Developmental outcomes:**

Problem solving, social skills, group work, communication, orientation emotional regulation.

**14:00 – 15:30 - Story time and calming down** activities including music

## Wednesday 16 January 2019 - Communication and Technology

**9:00 – 10:00** **Arrival and morning tea**

**10:00 – 11:00 – Craft activities**

* **Developmental outcomes:**

 Communication, social skills and problem solving.

**11:00 – 12:00 - Cooking** (Making lunch)

**12:00 – 12:30** **Lunch**

**12:30 – 14:00 - Technology workshop**

* Learning and exploring through technology including interactive video games and sensory room games.

**14:00 – 15:30 - Story time and calming down** activities including music

## Thursday 17 January 2019 – Mobility and Motor Skills

**9:00 – 10:00** - **Arrival and morning tea**

**10:00 – 11:00 – Orientation and mobility**

* Training at Vision Australia’s world-first, state-of-the-art Leigh Garwood mobility and training centre.
* **Developmental outcomes:**

Learn how to get around safely. Road crossings, independent travel, public transport.

**11:00 – 12:00 - Cooking** (Making lunch)

**12:00 – 12:30** **Lunch**

**12:30 – 14:00 - Physical activity**

* Sports, adapted basketball and soccer, yoga

**14:00 – 15:30 - Story time and calming down** activities